



Course calendar



Open Courses in 2018

Bespoke

SEK Training works with companies like yours to design, develop, and deliver bespoke courses that meet the needs of your organisation, to bridge the gap between the skills your team already have and the skills you need.

Our 30-years of experience allows us to create custom-made management, leadership, and personal development courses, that help you to achieve your business goals.

Working with SEK Training is unique because we are passionate about providing exceptional product and service quality. We are already excited to hear your training requirements.

From £1,500

Open

SEK Training has teamed up with Chilston Park Hotel, which is our chosen venue to deliver leadership, management, and personal development courses designed for the private sector.

It is important to us that you have a pleasant and enjoyable experience from start to finish, which is why we offer complimentary tea and coffee throughout the day and a delicious lunch. During the day, there are several opportunities to network with likeminded people, so it is not just about training.

Open courses are a suitable option if you only need to book a few delegates on a course because it is not enough to warrant the In-House option. You can book spaces on our website.

From £165

In-House

Similar to open courses in terms of the training content, the In-House option is simply delivered at a location of your choice. It could be at your office or training centre - wherever you like.

You save time and money because your staff are not travelling to our venue. You can place up to 20 members of staff on your chosen course (providing your desired room has the capacity), which can save you over £2000 compared to an open course.

If there is a course you would like delivered in-house, contact us via telephone or email.

From £999

Our Clients



We have used SEK Training's services a number of times over the last few years. Their training has been found to be comprehensive, well presented and good value when compared to other providers. I am pleased to recommend their services.

Tony Hewitt, General Manager (WAHL UK)

Why Choose SEK Training?



Scheduled Courses

Absence Management

Employee absence is a significant cost for many organisations, yet research suggests that only a third of employers monitor that cost. Employees may need time off for a variety of reasons, from short-term sickness to longer-term health issues. How do you manage absence at your work? Is it an issue? Is it costing you money? Do you have processes in place to make sure it doesn't become a problem?

Date	Time	Venue	Cost
Tues 4 th June	10:00 – 16:00	Chilston Park Hotel	£165 per delegate

Leadership and Team Management Skills

You will gain an understanding of the difference between leadership and management. Understanding your management style and how this influences your team, whilst learning to play to you and your teams strengths are the fundamentals underpinning this course. This training course is aimed at current and aspiring managers.

Date	Time	Venue	Cost
Tues 26 th Feb	10:00 – 16:00	Chilston Park Hotel	£165 per delegate

Performance Management

Do you have the responsibility to performance manage but you don't know how? This course will improve your knowledge of performance management. It will also equip you with the tools and techniques to become competent at managing your team's performance.

Date	Time	Venue	Cost
Tues 26 th March	10:00 – 16:00	Chilston Park Hotel	£165 per delegate

Personal Impact and Assertiveness Skills

This course includes elements of communication and assertiveness. It's designed to provide you with the knowledge to deal with aggressive and demanding people, whether it be colleagues or customers. As well as understand how to present yourself assertively. Learn to keep your emotional balance intact.

Date	Time	Venue	Cost
Wed 24 th April	10:00 – 16:00	Chilston Park Hotel	£165 per delegate

To book or for more information:

Call: **01227 469970** Email: training@sekgroup.org.uk Visit: sektraining.org.uk